

TUMMIES

est. 1988

RESTAURANT . CAFÉ . BAR

serious about food

Welcome to Tummies. Since opening our doors for the first time on 29th February 1988 our aim has remained the same: to serve unpretentious but great quality food with friendly service in a casual environment. As always, all of our dishes continue to be cooked "to order" using the best quality and freshest available ingredients. This is the reason it might take a little longer for you to be served during busy periods, but we trust that you will find the wait worthwhile. We will always try our very best to ensure that you have a pleasurable experience, but should there be anything we can do to make it even more enjoyable, please let us know. We thank you very much for your continued support and look forward to serving you for years to come.

Claude Mariaux, Chef-Patron



SUNNY AUGUST MENU

(This menu is available until 31st August 2017)



STARTERS

- (V) Roasted Vine Tomato & Courgette Soup ★ **NEW!**
with a Chunk of Warm Bread ~~£5.50~~ £4.95
- Lemon & Chive Scottish Salmon Fishcake ★ **NEW!**
with Asparagus, Rocket Leaves & Hollandaise Sauce ~~£7.95~~ £7.25
- (V) Greek Style Ciabatta ★ **NEW!**
topped with Feta Cheese, Cucumber, Tomatoes & Olives ~~£7.50~~ £6.95
- (V) Tummies own Bubble & Squeak ★ **NEW!**
with Crispy Bacon, a Poached Egg & Hollandaise Sauce ~~£7.50~~ £6.95

MAIN COURSE

- *Lemon & Pesto Pork Chop
with Warm New Potato Salad topped with Mango Salsa ~~£13.95~~ £12.95
- Slow Cooked Smokey Lamb Stew ★ **NEW!**
with Sweet Peppers, New Potatoes & Rocket Leaves ~~£13.95~~ £12.95
- Spicy King Prawn Spaghetti ★ **NEW!**
in a Tomato Sauce with Courgette Ribbons, Fresh Chillies & Black Olives ~~£13.95~~ £12.95
- (V) Bolognese Style Vegan Penne Pasta ★ **NEW!**
with Lentils & Mushrooms ~~£11.95~~ £10.95

LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

SELECTED THURSDAYS



Please inform a member of our staff if you suffer from any allergies or food intolerances. SM-0817

(V) Vegetarian or can be made vegetarian

* Contains Nuts

Please be aware that nuts and products derived from nuts are used in our kitchen.

Service is not included except for parties of 6 or more when 10% will be added to your bill.

www.tummies.net