

Tummies

est. 1988

RESTAURANT . CAFÉ . BAR

serious about food

Welcome to Tummies. Since opening our doors for the first time on 29th February 1988 our aim has remained the same: to serve unpretentious but great quality food with friendly service in a casual environment. As always, all of our dishes continue to be cooked "to order" using the best quality and freshest available ingredients. This is the reason it might take a little longer for you to be served during busy periods, but we trust that you will find the wait worthwhile. We will always try our very best to ensure that you have a pleasurable experience, but should there be anything we can do to make it even more enjoyable, please let us know. We thank you very much for your continued support and look forward to serving you for years to come. **Claude Mariaux, Chef-Patron**

Monday to Friday
8am – 12.00 noon



BREAKFAST



Saturday and Sunday
9.30am – 12.00 noon

COOKED BREAKFAST

Tummies Full English Breakfast

Cumberland Sausage, two Rashers of Bacon, Roasted Vine Tomato, Flat Mushroom, Two Fried Eggs & Toast **£8.45**

Scottish Smoked Salmon and Scrambled Egg Bagel (GF)

Toasted Bagel topped with Smoked Salmon, Creamy Scrambled Eggs and Mixed Leaves **£8.45**

(V) **Belgian Waffle with Maple Syrup and Vanilla Ice Cream**
For those with a sweet tooth **£5.45**

(V) **Scrambled Eggs on Toast (GF)**
Light and Fluffy Eggs on toasted White or Brown Bread **£5.95**

(V) **Simply Beans on Toast (GF)**
The nation's favourite with Heinz Baked Beans **£4.95**

ENGLISH MUFFINS

Eggs "Benedict" (GF)
a Toasted English Muffin topped with Smoked Ham, two Poached Eggs & Hollandaise Sauce **£7.95**

Eggs "Royale" (GF)
a Toasted Muffin topped with Smoked Salmon, two Poached Eggs & Hollandaise Sauce **£8.95**

Eggs "Forestiere" (GF)
a Toasted English Muffin topped with Roasted Flat Mushrooms, two Poached Eggs & Hollandaise **£7.95**

Eggs "Mexicana" (GF)
a Toasted English Muffin topped with Guacamole, two Poached Eggs & Hollandaise Sauce **£7.95**

SANDWICHES & ROLLS

** **Breakfast Sandwich (GF) or Roll**
Very simply White or Wholemeal sliced Bread or Roll with some Butter, Cumberland Sausage, Hot Crispy Bacon and a Fried Egg **£4.50/£5.50**

** **Bacon (or Sausage) Sandwich (GF) or Roll**
Very simply White or Wholemeal sliced Bread or Roll with some Butter, Hot Crispy Bacon or Cumberland Sausage **£3.95/£4.95**

** Also available as Take-Away items

Please inform a member of our staff if you suffer from any allergies or food intolerances
RB-1017

HEALTHY CORNER

*(V) **Homemade Swiss Muesli** Our very own Muesli recipe, made with Rolled Oats, an abundance of Dried Fruit, Yogurt & Fresh Fruit **£5.75**

(V) **Fresh Seasonal Fruit Plate** For the Health conscious, a beautifully presented Selection of Fresh seasonal Fruit (GF) **£4.65**

SIDE ORDERS

** (V) **Just Toast** Two slices of mixed White and Wholemeal Bread with Jam, Marmalade & Butter (GF) **£1.85**

** (V) **Simply Toasted English Muffin** Simply split in half & toasted. Served with Jam, Marmalade & Butter (GF) **£1.85**

(V) **A side dish of Heinz Baked Beans**
The nation's favourite **£1.85**

KIDS CORNER

Kids Full English Breakfast **£4.95**

Cumberland Sausage, Bacon, Roasted Tomato, Flat Mushroom, with fried Egg & Toast

Kids Scrambled Egg on Toast (GF) **£3.75**

Light & fluffy Eggs on a white or brown Toast

Kids Beans on Toast (GF) **£3.50**

The nation's favourite with Heinz baked beans

Please note that the Kids corner is only available to children under the age of 10 and is limited to a maximum of two children per adult eating from the Cooked Breakfast, Sandwiches & Rolls or Healthy Corner section of the Breakfast menu.

BEVERAGES

Freshly Squeezed Orange Juice **£2.60**

	Regular	Large
Americano	£2.00	£2.50
Cappuccino	£2.50	£2.85
Latte	£2.50	£2.85
Espresso	£2.00	£2.50
Tea	£2.00	£2.45
Infusions	£2.00	£2.45
Hot Chocolate	£2.50	£2.85
Extra Shot of Coffee	£0.55	£0.55
Shot of flavoured Syrup,	£0.40	£0.40
your choice of Vanilla, Caramel or Hazelnut		

(GF) Can be made Gluten Free on request.

(V) Vegetarian or can be made vegetarian * Contains Nuts

Please be aware that nuts and products derived from nuts are used in our kitchen.

Service is not included except for parties of 6 or more when 10% will be added to your bill.

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www.tummies.net