

# TUMMIES

est. 1988

RESTAURANT . CAFÉ . BAR

## serious about food

**Welcome to Tummies.** Since opening our doors for the first time on 29th February 1988 our aim has remained the same: to serve unpretentious but great quality food with friendly service in a casual environment. As always, all of our dishes continue to be cooked "to order" using the best quality and freshest available ingredients. This is the reason it might take a little longer for you to be served during busy periods, but we trust that you will find the wait worthwhile. We will always try our very best to ensure that you have a pleasurable experience, but should there be anything we can do to make it even more enjoyable, please let us know. We thank you very much for your continued support and look forward to serving you for years to come.

**Claude Mariaux, Chef-Patron**



## SPOOKY OCTOBER MENU



(This menu is available until 1st November 2017)

### STARTERS

- (V) Roasted Celeriac, Apple & Sumac Soup ★ **NEW!**  
with a Chunk of Warm Bread ~~£5.50~~ £4.95
- Devilled King Prawns on Garlic Ciabatta ★ **NEW!**  
with Mixed Leaves ~~£9.95~~ £8.95
- Mushroom & Spinach Fricassée on  
Toasted Sourdough Bread ★ **NEW!**  
with a Poached Egg & Hollandaise Sauce ~~£7.95~~ £7.25
- Smoked Mackerel & Horseradish Paté ★ **NEW!**  
with Warm Toast ~~£7.95~~ £7.25

### MAIN COURSES

- Classic Cottage Pie ★ **NEW!**  
with its own Gravy ~~£13.95~~ £12.95
- Blackened Cajun Swordfish ★ **NEW!**  
with New Potatoes, Sweet Peppers, Courgettes  
& Herb Dressing ~~£14.50~~ £13.50
- Slow Roasted Confit of Duck ★ **NEW!**  
with Coarse Leek Mash & Blackberry Jus ~~£14.50~~ £13.50
- (V) Vegan Bangers & Mash ★ **NEW!**  
with Onion Gravy ~~£12.95~~ £11.95

### LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

### SELECTED THURSDAYS



Please inform a member of our staff if you suffer from any allergies or food intolerances. SM-1017

(V) Vegetarian or can be made vegetarian

\* Contains Nuts

Please be aware that nuts and products derived from nuts are used in our kitchen.

Service is not included except for parties of 6 or more when 10% will be added to your bill.

[www.tummies.net](http://www.tummies.net)