

# TUMMIES

est. 1988

RESTAURANT . CAFÉ . BAR

*serious about food*

## SPECIALS



### JOYOUS JUNE MENU



*(This menu is available until 27th June 2018)*

#### STARTERS

(V) Roasted Sweet Potato, Sumac & Pomegranate Soup  
with a Chunk of Tummies Bread ★ **NEW!** £6.50 £5.75

Italian Style Pork Meatballs ★ **NEW!**  
baked with Tomato Sauce, Mozzarella, Grana Padano  
& Garlic Ciabatta £7.95 £7.25

Pan-Fried Mackerel Fillet ★ **NEW!**  
with Vine Tomato, Beetroot  
& Horseradish Dressing £8.95 £7.75

(V) Roasted Asparagus ★ **NEW!**  
with Rosti, a Poached Egg & Hollandaise £8.50 £7.50  
(Add two slices of Serrano Ham for £1.75)

#### MAIN COURSES

\*Sweet & Spicy "Moroccan Style" Lamb Tagine ★ **NEW!**  
with Middle Eastern Couscous £14.50 £13.75

Lemon & Garlic Crusted Cod Fillet ★ **NEW!**  
with Ratatouille, New Potatoes  
& Spring Herbs Lime Dressing £14.95 £13.95

\*Chicken & Pesto Risotto ★ **NEW!**  
with Caramelized Silver Skin Onions, Semi-Dried &  
Cherry Tomatoes, Olives, Rocket Leaves  
& Shavings of Parmesan £13.25 £12.50

(V) \*Roasted Sweet Potato & Goat Cheese Salad ★ **NEW!**  
with Rocket Leaves, Avocado, Pomegranate, Toasted  
Walnuts, Honey & Mustard Dressing £12.95 £11.50

#### LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

#### SELECTED THURSDAYS



*Service is not included except for parties of 6 or more  
when 10% is added to the bill.*

SM-0618

(V) Vegetarian or can be made vegetarian

\* Contains Nuts

*Please be aware that nuts and products derived from nuts are  
used in our kitchen and kindly let us know if any of your guests  
suffer from any allergies or food intolerances.*

[www.tummies.net](http://www.tummies.net)