

TUMMIES

est. 1988

RESTAURANT . CAFÉ . BAR

serious about food

SPECIALS



JOLLY JULY MENU



(This menu is available until 1st August 2018)

STARTERS

(V) Spiced Carrot & Red Lentil Soup
with a Chunk of Tummies Bread ★ **NEW!** £6.50 £5.75

Italian Style Pork Meatballs ★ **NEW!**
baked with Tomato Sauce, Mozzarella, Grana Padano
& Garlic Ciabatta £7.95 £7.25

Classic Smoked Mackerel & Horseradish Paté, ★ **NEW!**
Mixed Leaves & Warm Toast £7.95 £7.50

(V) Homemade Falafel & Houmous Dip ★ **NEW!**
with Cucumber, Red Onion
& Kalamata Olives £8.50 £7.50

MAIN COURSES

Tummies Style Beef Stroganoff ★ **NEW!**
with Forest Mushrooms & Chives Mash £13.95 £12.95

Spicy King Prawns & Chorizo Risotto ★ **NEW!**
with Lime, Chillies, Cherry Tomatoes
& Rocket Leaves £13.75 £12.75

*Serrano wrapped Chicken Supreme, ★ **NEW!**
stuffed with Semi-Dried Tomatoes,
Spinach & Mozzarella Cheese,
Pesto scented Sautéed New Potatoes £13.95 £12.95

(V) Vegan Shepherd's Pie, ★ **NEW!**
a tasty Red Lentil based alternative served
with its own Gravy £13.75 £12.75

LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

SELECTED THURSDAYS



*Service is not included except for parties of 6 or more
when 10% is added to the bill.*

SM-0718

(V) Vegetarian or can be made vegetarian

* Contains Nuts

*Please be aware that nuts and products derived from nuts are
used in our kitchen and kindly let us know if any of your guests
suffer from any allergies or food intolerances.*

www.tummies.net