

TUMMIES est. 1988

RESTAURANT . CAFÉ . BAR

serious about food

SPECIALS

SUNNY AUGUST MENU

(This menu is available until 29th August 2018)

STARTERS

(V) **Summery Pea, Mint & Courgette Soup**
with a Chunk of Tummies Bread ★ **NEW!** ~~£6.50~~ £5.75

Classic King Prawn & Crayfish Cocktail ★ **NEW!**
with Marie Rose Sauce ~~£8.95~~ £7.95

Sticky Honey & Ginger glazed Chicken Wings ★ **NEW!**
with Sesame Seeds, Cucumber
& Spring Onions ~~£8.50~~ £7.50

(V) **Tummies Style Greek Salad**, ★ **NEW!**
with Tomatoes, Cucumber, Red Onion,
Kalamata Olives & Feta Cheese ~~£8.50~~ £7.50

MAIN COURSES

Pan-fried Duck Breast ★ **NEW!**
with Sweet Potato Mash, Port
& Blackberry Jus ~~£14.95~~ £13.95

(V) **Vegetarian Style Gnocchi Carbonara** ★ **NEW!**
with Mushrooms, Broccoli & Garlic Cream ~~£12.50~~ £11.50

Blackened Cajun Swordfish ★ **NEW!**
with Roasted Sweet Peppers, Courgettes,
New Potatoes & Balsamic Herb Dressing ~~£14.95~~ £13.95

Homemade Lamb Burger ★ **NEW!**
topped with Goat's Cheese & Fig Glaze,
served on a Toasted Brioche Bun with
Hand Cut Thick Fries & Relish ~~£13.95~~ £12.95

LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

SELECTED THURSDAYS



*Service is not included except for parties of 6 or more
when 10% is added to the bill.*

SM-0818

(V) *Vegetarian or can be made vegetarian*

* *Contains Nuts*

*Please be aware that nuts and products derived from nuts are
used in our kitchen and kindly let us know if any of your guests
suffer from any allergies or food intolerances.*

www.tummies.net