

TUMMIES

est. 1988

RESTAURANT . CAFÉ . BAR

serious about food

Welcome to Tummies. Since opening our doors for the first time on 29th February 1988 our aim has remained the same: to serve unpretentious but great quality food with friendly service in a casual environment. As always, all of our dishes continue to be cooked "to order" using the best quality and freshest available ingredients. This is the reason it might take a little longer for you to be served during busy periods, but we trust that you will find the wait worthwhile. We will always try our very best to ensure that you have a pleasurable experience, but should there be anything we can do to make it even more enjoyable, please let us know. We thank you very much for your continued support and look forward to serving you for years to come.

Claude Mariaux, Chef-Patron

JOLLY JULY MENU

(This menu is available until 3rd August 2016)

STARTERS

(V) Moroccan Style Harira Soup ★ NEW!

a Tomato based Soup with Green Lentils, Sweet Potato & Moroccan Spices **£5.50 £4.65**

Greek Style Lamb Koftas ★ NEW!

with Pitta Bread & Tzatziki **£6.95 £5.95**

(V) Swiss Style Rosti ★ NEW!

with Roasted Asparagus, a Poached egg & Hollandaise Sauce **£6.95 £5.95**

(V) Fricassée of Flat & Cup Mushrooms ★ NEW!

with Chorizo on a Garlic Crostini **£6.95 £5.95**

MAIN COURSES

Barbequed Chicken Burger ★ NEW!

with Swiss Gruyere Cheese & Hand Cut Thick Fries, served in a Pretzel Bun **£12.95 £11.95**

Pan-Fried Mackerel "Salade Niçoise" ★ NEW!

with Mixed Leaves, Green Beans, New Potatoes, Anchovies, Olives & a Poached Egg **£12.50 £11.50**

"Posh" Ham, Egg & Chips ★ NEW!

a Fried Duck Egg, Serrano Ham, Hand Cut Thick Fries & Homemade Brown Sauce **£11.95 £10.95**

(V) Spicy Oriental Style Vegan Vegetable Stir-Fry ★ NEW!

with Rice Noodles **£12.95 £11.95**

LIVE MUSIC NIGHTS



SIT BACK AND ENJOY THE BEST LIVE PERFORMERS

SELECTED THURSDAYS



Please be aware that our cooking oil may contain genetically modified soya

SM-0716

(V) Vegetarian or can be made vegetarian

* Contains Nuts

Please be aware that nuts and products derived from nuts are used in our kitchen.

Service is not included except for parties of 6 or more when 10% will be added to your bill.

www.tummies.net



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5 Station Road, Cippenham, Slough, Berkshire, SL1 6JJ
T: 01628 668486 E: therestaurant@tummies.net

www.tummies.net